

EQUESTER

A monthly publication of the Wisconsin Dressage & Combined Training Association

YEAR-IN-REVIEW:

ENJOY THIS SPECIAL ISSUE OF ARTICLES FROM THE YEAR 2010

Time Flies When You're Having Fun!

The year was a busy and fulfilling one for WDCTA and its members.

It started with a fun and educational annual conference and awards banquet at the beautiful Grand Geneva. Attendees enjoyed the educational sessions, the awards banquet, the shopping and the spa amenities where they spoiled themselves!

From there, WDCTA and its chapters and members hosted or participated in:

- ★ The Midwest Horse Fair, riding with Olympic dressage competitor and 2010 World Equestrian Games bronze medalist, Steffen Peters
- ★ A Wolfgang May clinic

- ★ A clinic with Colleen Kelly on the Biomechanics of Riding
- ★ Five clinics with "S" judge, Janet Foy
- ★ A member get-together lunch at the World Equestrian Games in Lexington
- ★ An evening gathering with Janet Foy and a "Behind-the-Scenes Look" after the World Equestrian Games
- ★ The final sessions for the L judge education program
- ★ Two clinics with Maryal Barnett
- ★ A Sporthorse Evaluation Seminar with Gerd Zuther
- ★ More than 20 WDCTA-recognized dressage shows
- ★ Numerous, educational chapter meetings

Other member benefits:

- ★ Free or reduced admission to WDCTA-sponsored events
- ★ Our library of more than 40 books and 45 videos/DVDs
- ★ Our Facebook page that helps members stay informed and connected
- ★ The monthly newsletter, the *eQuester*
- ★ WDCTA website with up-to-date news
- ★ Group membership in the United States Dressage Federation (USDF)
- ★ And more!

Enjoy this issue with reprints of articles from the past year. Join us next year so you, too, can enjoy these benefits!

PRESIDENT'S MESSAGE

JUNE 2010

Pam Doolittle

Dancing with the Stars

I write this message to you, WDCTA members, after quite a week of riding and revelation! Last week, I submitted the last of the grades for my students in the analytical courses I manage and since then, have been fully emerged in our sport. I love it!

Learning to dance

I spent last weekend listening to and scribing for an "L" Education program faculty member and "S" judge, Alexandra Howard, who mentored our 10 "L" candidates at the



Pam Doolittle on Contigo

Photo by Mary Phelps

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President's Column...continued

first big show at Silverwood Farm. Sandy has an excellent eye for rider biomechanics, and I learned a lot about what we do as riders to interfere with our horses.

I left inspired to improve my own seat and position, and spent a few days right after pursuing a position of excellence in the saddle. After two days of working hard to improve my lower leg connection with the horse—heals down, calves on, thighs and knees soft and loose on the horse, I worked through the first meltdown I was to experience that Tuesday.

My poor Contigo, who is a very sensitive and electric horse, reacted to everything I did with enthusiasm. But I OVER-did everything, which meant my poor little dude wandered around largely confused and concerned, although continuing to try and certainly obedient. His good nature and my inability to navigate simply brought me to tears.

Later that night, my husband and I met at the dance studio for our biweekly ballroom dance lesson. We worked that night on adding fluidity, rise and fall, and new choreography to our rumba and waltz dances. After many stops and starts due to my husband over-thinking about what we were going to do next, I had to work through the second meltdown for that Tuesday.

This time it was Dan, who threw up his hands and said with frustration, "I'm responsible for so much! I have to choreograph, watch the floor for traffic, think about my frame and feet, and then dance too! I just can't do it all at once."

Yes, he even had a little tear of frustration. (Sorry, honey, but I saw it.) Of course, I could be sympathetic, since I had been in that same emotional spot just a few hours before. As his dance partner, I do try to help. I'm inclined to try to lead when I don't get good direction or if the aid was not clear. Our instructor is wise to me by now, though, and she has taught me to just stop when I'm not sure what to do.

Dancing with our equine partners

There are interesting parallels between riding and ballroom dancing. Think about your horse, for a minute. When your equine partner is unsure, does he take the lead for you? Maybe throw in a few changes you didn't mean to ask for or perhaps offering sideways when all you meant to ask for was a little more bend on the circle? Or does your equine partner simply stop and wait for clearer direction? I'm sure in riding you've come upon a moment where you simply felt overwhelmed by the task. Horses give us such an amazing reflection of what we're doing, don't they?

Let me share what both instructors told me: "GIVE YOURSELF A BREAK!" Of course, you need to work on improving, and it's true that "Perfect practice makes perfect." However, arriving at "perfect" is a process that takes endurance, thoughtful correction and time to build the correct muscle memory and feeling in your own body as well as in that of your partner's.

Good instruction and practice are important in making progress towards "better," which is a much friendlier word to use than perfect. Awareness of the deficiencies in our riding decisions and position is essential to successfully working toward better.

Besides sharing that you should "give yourself a break," let me also say that you are not alone! WDCTA is here to help too. We have some scholarship money available to help you with instruction. Check out the [scholarship form](#) on the website for more information.

Consider auditing or participating in the clinics we have scheduled across the state to develop your eye, understanding and your feel, or perhaps learn some new exercises or ways of thinking about training that can help you at home. Check out the calendar and the website for opportunities to learn and participate. Dressage is hard, and no one—not even the best professionals in the world—do this sport alone. Dressage at its core is about partnership. Let WDCTA be one of your educational partners!



WDCTA Members are
Group Members
of the
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**WDCTA is Wisconsin's
oldest and largest GMO**

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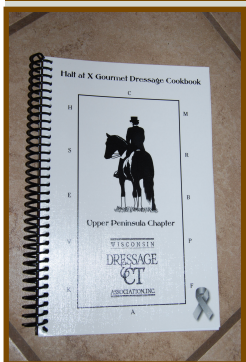
All advertisements, articles and photographs (with photo release) should be submitted electronically to the editor by **the 15th of the month**, with payment for advertisements postmarked no later than the 15th. Ads and calendar of events submissions will appear in both the **eQuester** and on the website.

Advertising rates and requirements are under Forms on www.wdcta.org.



Charter
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Halt at X Cookbook For Sale



The UP Chapter published a cookbook with recipes from well-known dressage people to local dressage enthusiasts. Proceeds from the cookbook, which sells for \$15 (plus \$5 for shipping), go to the UP Chapter for future clinics and \$1 will go to a breast cancer charity.

In the cookbook, you will find UP Chapter Board member recipes like Butternut Squash Bake, Pear and Watercress Soup, Chocolate Cream Cheese Cupcakes and the often-requested Salmon Spread, plus George Williams' Chutney Cheese Canape and Catherine Haddad's Artichoke Dip.

For more info or to purchase cookbooks, e-mail Karin Steffens at up_ecodoc@yahoo.com or Tracee Horn at tmhorn@chartermi.net.

By Sue Genin

It was a cold, blustery spring day at the schooling show. I was warming up my old gelding who didn't seem to care that rain was impending. He was just there to do his job as my first level "schoolmaster." There was one other horse-and-rider combination in the ring: a beautiful warmblood, gliding across the sand. That horse and rider had their own entourage. My daughter, who was about five years old, was watching me.

The other rider was taking directions from his instructor, a well-known individual. The esteemed instructor was coaching and encouraging the rider to fine-tune his performance. To say I was intimidated was an understatement. I tried to stay invisible while I prepared for my turn to go into the ring.

I was keeping an eye on my daughter while I was riding. She looked so small standing there at the edge of the arena. She was watching the other rider who was listening to his instructor with

earnestness.

At some point, my daughter put her hands on her hips and started to "coach" me as well. Her little voice yelled above the sound of the wind, "There you go, Mom! He is looking good now."

The entourage burst into laughter, and my daughter turned and gave them the best grown-up stare that she could, and continued her coaching.

To this day, she continues to coach and encourage me. That little girl now



"Coach" Angela with Silver

is Angela Genin, the state treasurer for WDCTA, and the well-known instructor is Jayne Ayers.

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Friends and Fun in the Sunshine State

By Kate Van Sicklen-Holmes

Day 1 - Travel Day

I'm on my way! I'm going to visit my good friend, Ellie Jensen, who used to live in Mazomanie, WI and now lives just outside Wellington, Florida. Ellie is a past member of WDCTA who, with her husband Carl's help, put out the newsletter for many years.

Ellie now boards around eight horses during the winter months. This year Betsy Steiner is keeping her training horses there, and Karen O'Connor has three horses there (the horse she rode in Tokyo).

A busy dressage week has been planned for me.

Day 2 - Slept In!

Betsy Steiner's groom, Anna (from Belleville, WI), was lunging several horses in the morning. To be able to observe such quality horses (one mare was the 5-year-old Devon champion) moving comfortably through on the line in the 70 degree sunshine with a fresh brewed cup of coffee—now this is vacation!

The next two afternoons until 10 p.m., we were at the Kyra Kyrklund Symposium. Betsy Steiner was one of the demo riders, so she got us a ring-side table for both days of the symposium with cocktails and dinner served, an elegant setting with good food and a great speaker. The following is some of my insight into her two-day symposium...

Kyra is a great speaker—clear, fun and to the point. She said if she hadn't become a trainer she would have become an actress!

The first rider was selected to show a correct seat: JJ Tate! The emphasis of the whole symposium was a correct seat and hands. All of the riders worked on their seats and especially the hands; elbows always stay at your sides.

Ride the whole horse, focus 10 percent on the head and 90 percent on the rest of the horse. Keep the horse in front of your seat and legs, keep the reins around the neck and ride the horse's breast close and up.

Kyra showed how to hold the reins to the snaffle over the top of the hand so the riders would have a better feel of the connection and use of that rein.



One rider had a strap attached to the D ring that she was to hold straight up to help steady her hands. Several riders held the whip in both hands across the horse's shoulders; their hands had to stay straight and level to help keep the elbows connected.

Don't bend the horse, move the whole horse with lots of leg yielding. Kyra likes leg yielding better than half pass because it is all about the balance and the crossing.

She repeated to all the riders to keep the reins around the neck and ride the breast not the head.

Set realistic goals—conformation can be limiting.

Don't ride the movement; test the movement.

Ride short lively steps, and when you can lengthen the strides, don't let the neck change—keep elbows on your sides.

Let the horse do the work; the rider must allow.

Kyra rode several of the horses, and her elbows never moved!

Day 3 - 78 Degrees. It's Almost Hot!

In the morning we were allowed to go watch Steffen Peters teach; Betsy Steiner rode two horses with him that we could watch. It was a closed clinic to auditors, but Betsy said we were with her. JJ Tate was the rider after Betsy, so we got to watch some of her warm-up. The clinic was held at the most incredible small barn called Two Swans with ponds full of them.

Some of Steffen's words to Betsy and her horses during the two day clinic included:

- Keep testing the ability to collect
- Expose your horse to the aids—test your authority
- Address each issue in the warm-up, but don't make them a big deal
- Engage the horse's mind
- Ride forward and then collect with suppleness
- The horse needs to release in the collection

- Test how much collection you can afford
- Don't make the horse dependent on the leg

The evening was spent at day two of the Kyra Kyrklund Symposium.

Day 4

Spent the morning at day two of the Steffen Peters clinic.

Farrier came: \$350 for new shoes!

One large bale of timothy mix hay was \$28.50.

Toured the Polo Grounds, a large gated community with a track and several polo fields. (Madonna has a condo there.)

Day 5

Watched some of a dressage show at The Brandon Equestrian Center.

We also went and watched Betsy teach at a small, private, elegant barn of her student—currently on the best seller list—author Tammy Hoag.

Tammy's horse was purchased a few years ago from Michael Klimke. He is a calm, beautiful horse working at the Intermediate level.

It was Betsy Steiner's birthday; Ellie hosted a surprise party for her.

Day 6

Went to Wellington Equestrian Center in the morning to watch the horses school in the show arena the day before the World Masters Dressage Show. They all were there: Steffen and Ravel, Leslie Morse and Tip Top, Isabell Werth on Satchmo. The only one that didn't show up was Anky van Grunsven who must have warmed-up in one of the many hidden arenas.

In the afternoon, we went over to a farm that had many small barns for winter trainers to work out of. Tom Poulin had his horses there, as did George Williams. George and Anne Gribbons were trying to organize the first practice ride for the 2010 Challenge of the Americas Grand Prix Musical Quadrille competition. What a hoot to watch. Horses leaping about, running into each other, getting lost, and getting left behind—all done with top riders on very talented horses.

In the evening, we went to Dressage Under the Stars at the Polo Club. Just off a very large outdoor patio bar and

Continued on next page

Friends and Fun...continued...

restaurant is a grass dressage arena. The area was complete with a DJ, Tiki flames, wood burners, lots of people and noise.

Starting at 9:00 p.m., riders competed in a musical freestyle at Prix St. George or above with the warm-up in total darkness on the race track. One of the riders was JJ Tate. Her ride was going pretty well until her walk work when the DJ shut the music off because he thought her ride was over. JJ rode Katie Foster's horse, Sacramento. None of the rides were good though, with tense horses skidding around in the grass. During a reining horse demo, Anky rode. Steffen touched me while passing in the crowds, and there were great people watching, so even if the dressage was poor, the evening was most enjoyable.

Day 7 - Finally, the World Masters Dressage Competition.

Sixteen horses competed from all over the world. Only three rides were above 70 percent. They all looked great to me at that level, with no horse having any real difficulties. The placings were: 1st—Steffen Peters on Ravel, 2nd—Anky van Grunsven, and 3rd—Isabell Werth. The top eight horse/rider combinations went on to ride the freestyle, while the others competed in the Special. The horses had the day off after the Grand Prix, and I couldn't stay to see the Freestyle or the Special.

I took the day to rest and absorb some of what I had seen over the last several days and went to see the movie, *Avatar*.

Day 8

Home. I feel like I need a vacation!

WDCTA Annual Conference & Awards Banquet

**SAVE THE DATE:
Feb. 19, 2011**

Hear our guest speaker, JJ Tate, as she talks about her collection of experiences in her journey from a local trainer in Wisconsin to the east coast and the international ring.

Madison Area!

Escape the winter to water slides, pampering, shopping and fun. Try your hand at ballroom dancing, martial arts and even improve your shopping "skills."



WDCTA'S DRESSAGE TRAINING SCALE

YOUNG RIDER CHAMPIONSHIPS:

Experiencing the challenge, building friendships and being on a team

By Katie Foster

I recently had the honor of traveling to the Kentucky Horse Park to represent Region 2 as a Young Rider at the North American Junior and Young Rider Championships (NAJYRC). Although my rides did not go as well as I had hoped, I still consider the trip a once in a lifetime experience; one I never would have wanted to skip.

Not fulfilling my full expectations and goal was a bit of a disappointment, but from my mistakes I learned a ton. Sacramento (George) came out a bit tense for my team test. As a result I tried to ride him much quieter than I do at home, in hope that I could keep him calm and relaxed throughout the test.

George can be internally emotional and tense, and there is a fine line between keeping him listening and on my aids, and spilling over. Although I fulfilled the goal of keeping him quiet, and I rode a clean and steady test, the overall quality was a bit too conservative and

lacked George's usual spark and exuberance.

The next day, however, I went for it. My individual test started out like a dream as George floated through the trot work and maintained a clear rhythm in the walk, and judging by the scoreboard, the judges were enjoying the test as well. Unfortunately, though, George began to get a little tense in the canter work, eventually boiling over in the pirouette and resulting in a bit of a melt-down. Such tension in a coefficient move-

ment cost us a lot of points, causing a significant drop in the overall score. This then

prevented us from making the top fifteen which get the honor of riding their freestyles and having an additional opportunity to compete.

Although my rides were a bit of a disappointment for me, my trainer JJ Tate created a major highlight in my weekend. She lined up a lesson for me with Steffen Peters who was at the Championships to coach his own Young Riders. The lesson was amazing!! He helped me with getting George more honest in front of the leg and more confident in the pirouettes so that he would not feel the need to quit in them when he got nervous at the shows.

I can't thank Steffen Peters



Sacramento carrying Katie proudly down centerline.

Photo by Susan Stickle



Katie Foster and Sacramento in the ring with the jumbotron displaying her score in the background.

Photo by Susan Stickle

enough for his incredible generosity and knowledge, and JJ Tate for her never-ending support, inspiration and belief in George and my riding. Despite the unfortunate outcome of my rides, the week was still a wonderful experience for countless reasons.

The NAJYRC is a competition full of much more than ribbons and medals. It is a championship focused towards bringing together youth with similar interests, providing an unusual and exciting opportunity for young equestrian athletes in jumping, dressage, eventing and reining. By competing in teams and representing a region, zone or area, young riders learn what it means to work together as a team, display good sportsmanship, and feel ownership to the states or country they represent.

Continued on next page

Young Rider Experience...continued

They also have the opportunity to meet other horse enthusiasts their age that are just as excited about horses and competitive showing, providing the potential for new friendships. I thoroughly enjoyed meeting my teammates and getting to know them and their horses.

Our Region 2 team was incredibly supportive, always cheering one another on. I have also been amazed by the amount of Juniors and Young Riders that have become friends with riders from other teams. Facebook is filled with chats between young equestrians that prior to the competition never talked to each other. The NAJYRC is about making connections and uniting the sport's young athletes, which I feel was a complete success this year.

In conclusion, I would encourage young equestrian athletes to seriously consider trying out for the NAJYRC. The competition is an experience that cannot be repeated. The opportunities it provides, the life lessons it teaches, and the friendships it forms are invaluable. Because of this championship, I have learned what it truly means to be a team

player, to learn from my mistakes, and to always remember that no matter the outcome, my passion for dressage and my love for my horse are most important.

Thank you to my parents, trainer and team back home for their support in making all of this possible, as well as our Region 2 GMOs, the various organizations, sponsors and volunteers that work together to make NAJYRC possible.



Photo by Amanda Johnson

(Left to right) At the opening ceremony: Junior team members – Paige Miller, Nicole Chiappetti, Matthew Manibusan, Heather Ots; Young Rider team members – Amy Schierbeek, Ashlee Todosijevec and Katie Foster.

*Katie Foster is a member of WDCTA.
JJ Tate is the keynote speaker at WDCTA's annual conference and awards banquet on Feb. 19, 2011.*



Photo by Amanda Johnson

Katie Foster getting a lesson from Steffen Peters. No doubt, Sacramento was trying to be like Ravel!

Escape to Florida...

MAY 2010

...for the Palm Beach Dressage Derby CDI

By Caryn Vesperman

In March, I escaped the Wisconsin winter for what I hoped would be balmy Florida for five days. It wasn't balmy, but it was still warmer than Wisconsin!

By this time, I had already completed my scribing requirements for the L program, so my plan was to sit with judges to fulfill that part of the requirements. However, I ended up scribing for three days because one of the original scribes had a family emergency. That was fine with me because either way – scribing for or sitting with a judge – is a great learning experience. I was assigned to Natalie Lampling, “I” judge. I appreciate that she provided me with extra information and help – beyond a normal scribe, due to my being in the L program. She asked me for scores on some movements and on the collective marks, to see if they matched up with hers. It was a great learning experience.

Some of my favorite moments at the Derby....

* Tina Konyot's Calecto V was a fun and powerful horse to watch. He did a beautiful Grand Prix, but just before the final halt, he spooked slightly. Tina finished the test, and as she dropped the reins to walk off, she patted him and said jokingly, “What were you thinking?!” He seemed to reply, “Sorry, Tina, I was startled by the judge's box even though I've seen one a hundred times before.”

* During an FEI classes, a well-known competitor made a few mistakes in his test. After the test I made a comment that it gives me hope as an amateur to see even the most accomplished riders make mistakes. Natalie Lampling said, quoting her father, “Everyone cooks with water.”



Grand Prix Special and Grand Prix for the Special: Tina Konyot on Calecto V 71.95% and 69.95%, respectively.

Photo by Caryn Vesperman



Photo by Caryn Vesperman

Shelly Reichart on Weltaenser competed at Grand Prix and posed good naturedly for the eQuester “reporter,” while Paige Phillips, who works with Shelly, handles the photo prop.

* A competitor who had lost his leg competed at Intermediare I. He used a whip as his leg aid on that side and placed quite well in the large class. It was inspiring to watch and reminded me that the next time I dare

complain about how “hard” dressage is, I will think back to this ride.

* In the jog for the CDI, the crowd laughed as Christopher Hickey presented Douglas Hilltop, keeping his attention with a

banana. After the jog, Christopher commented that it works and he wasn't about to find out what the stallion would do if he didn't have a banana! (The stallion got his reward after the jog.)

* The show had a bit of a somber tone to it because Courtney King-Dye, who was to compete at the show, had the accident the day before. It was touching to witness all the concern. There was a prayer service and, I'm not exaggerating, during the service not a sound was made by anyone and not a whinny was heard – amazing when you consider more than 400 horses and at least as many people were on the show grounds.

I look forward to another escape next year to Florida, but I hope I don't have to wear my winter coat again!



Photo by Caryn

Douglas Hilltop is led by two people including Christopher Hickey (far right). Banana, at this point, is still intact.

Why Not An Adult Amateur Team Championships?



Bob Tarr 2009

By Janet Foy

Having been involved with dressage and Rocky Mountain Dressage Society and the USDF for 40 years, I have one comment to make. Things are improving for each stakeholder with the exception of the Adult Amateur and the Pony Division. Juniors and Young Riders now have the North American Young Rider/Junior Team Championships which are run exactly like an Olympic Games. They have the opportunity to qualify for teams in their regions, and to win team and individual medals. It is an amazing opportunity for the kids to experience this type of competition. Each team has a Chef D'Equipe. There is a jog. There is team spirit. There are medal ceremonies. And of course, there is disappointment as well.

The top 12 Juniors, Young Riders and Brentina Cup competitors qualify across the country. This is not a team competition, strictly an individual one. This competition is held in conjunction with the USEF Festival of Championships. This competition allows the kids to compete at the same venue at the same time as our High Performance riders. Watching Steffen Peters and Ravel warm up and compete is very inspiring.

The top 12 High Performance Riders also compete at this venue. These riders qualify via High Performance Qualifiers. The Grand Prix (or big tour) only can qualify at CDIs. The PSG/Intermediare I

(or small tour) qualify at designated High Performance competitions which are judged by three FEI judges.

The Young Horse and Developing Horse Championships offer a venue for head-to-head competition for horses aged 4- to 12-years old. In 2011, the competition will include the Developing Grand Prix section for horses aged 8-12. This is a wonderful competition to attend for the spectator. You may see the entire training process in one competition!

Adult amateurs do have a chance to compete at their USDF/USEF Regional Championships. It has been a dream, and money has been set aside, to use these championships as a vehicle for a head-to-head. However, due to the late competition dates and the

amazing size of our country, this dream seems almost impossible. Who wants to haul horses in November? Where is there an indoor venue for stabling, warm up and competition rings to hold hundreds of horses? So, in my opinion, it is time to open another avenue of thought.

Eventing has already proven that Adult Amateur Team Competition is fun and rewarding. Why not dressage?

Here are some of my ideas:

USDF/USEF can use this as a joint venture. Since USDF Regions are already established, this would be the basis for the teams, just as it is in Young Riders and Juniors. Since each Region is quite large, I think there would need to be a geographic division. Using Region 5, which goes from Canada to Mexico, I think two divisions might work. There would be a Northern Team Division (Wyoming, Montana, Colorado, Utah) and a Southern Team Division (New Mexico, West Texas and Arizona).

Teams would consist of a Training, First, Second, Third and Fourth Level Rider. There would be designated shows for these qualifying scores. Teams would need at least two scores at two competi-

tions (they would all ride and scores would be averaged, which would be the team score). This would also allow for drop scores if there were more than two competitions. At the end of the qualifying season, teams from each division would be ranked. The top two teams would then qualify for the head-to-head Championships.

The additional piece I would like to add is clinics for the teams at reduced or perhaps no fees. Only those competing as teams would be invited to these training sessions. So this program would combine education AND competition.

The championships would be held in perhaps late August. The venue would be bid out just like all other USEF/USDF championships. Ideally, the venue would rotate across the country, from the east coast to the Midwest to the west coast.

Teams would complete two rides, one warm up and one the highest test of the level for the team awards. There would be a Gold, Silver and Bronze Team Medal. In addition, the top 15 riders would compete for individual medals via a freestyle. (Of course, there is no Training Level freestyle, so only First through Fourth Level competitors would be allowed.) There

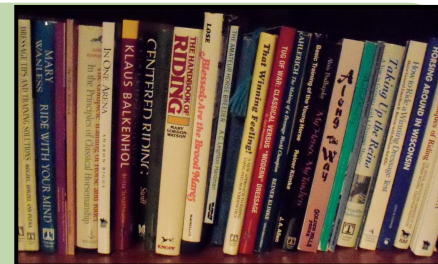
would be a maximum allowed to compete from each region, just as only two from each country can go on to the individual medals in the Olympics.

This is the "big picture" and, of course, there are a lot of small details to be fleshed out. I am hoping I will get positive and constructive feedback from the members!

Janet Foy is an FEI "I" and USEF "S" judge and serves on the following USEF committees: Dressage, High Performance Dressage, Ad Hoc CDI and Continuing Education. She also services on the USDF Judges and Regional Championships committees.

Like the idea of an adult amateur head-to-head championship? Then contact your Regional Director. If you have ideas or input about the competition, contact Janet Foy.

WDCTA Book Library



- Blixen-Finecke, Hans von.... *The Art of Riding*, 1993
Blixen-Finecke, Hans von.... *The Art of Training: Lessons from a Lifetime with Horses*, 1996
Busch, Clarissa L.....*The Riding Aids: Basic Terms of Harmonious Communication between Rider and Horse*, 2002 Edition
Champion, Lisa.....*Riding from the Inside Out* (with audio CD), 2003
Clayton, Hilary M.....*The Dynamic Horse: A Biomechanical Guide to Equine Movement and Performance*
Decarpentry, General.....*Academic Equitation* (trans from French by Nicole Bartle)
Diggle, Martin.....*Masters of Equitation on Canter* (compiled, 2001)
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