

ANNUAL MEETING AND AWARDS BANQUET
A FOCUS ON RIDER WELLNESS
SATURDAY AND SUNDAY MARCH 14-15, 2026

THE OSTHOFF RESORT

101 Osthoff Avenue
Elkhart Lake, WI 53020
(800) 876-3399
osthoff.com

JOIN US FOR A DAY FOCUSED ON RIDER HEALTH AND WELLNESS FOLLOWED BY OUR ANNUAL MEMBER MEETING, DINNER AND AWARDS BANQUET. FOR THOSE STAYING UNTIL SUNDAY, JOIN US FOR A MORNING YOGA SESSION TO START THE DAY OFF RIGHT!

SPEAKERS:

Lindsay Fencil, RD, CD - Aurora Baycare Medical Center, Green Bay, WI

- A Registered Dietician with expertise in Women's Health, Sports Nutrition and Community Wellness
- Passionate about helping individuals of all ages and fitness levels achieve their health goals.
- Focuses on optimizing performance, supporting hormone and gut health, managing and preventing chronic conditions, navigating menopause, and promoting overall well-being.

Cathy Penrod, - Equicoach

- A certified COR.E Performance Dynamics Specialist (CPDS) and *Energy Leadership™ Index Master Practitioner* (ELI-MP).
- Over four decades of riding, more than 29 years of leadership experience and a proven track record in fostering results, she helps equestrians excel in their chosen discipline.

Suzanne Galdun, Certified Rider Biomechanics Instructor - Positively Dressage

- One of only 13 rider biomechanics coaches in the US
- Accredited by Mary Wanless in her Ride With Your Mind method.
- Educated in related fields such as hoof care, human and equine anatomy and physiology.

ROOMS AVAILABLE AT SPECIAL RATES FOR WDEA MEMBERS:

2 QUEENS: \$169.00 2 BEDROOM SUITE: \$209.00

CALL: 1 (800) 876-3399



WISCONSIN
Dressage & Eventing
ASSOCIATION

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REGISTRATION FORM/SCHEDULE

WELLNESS PRESENTATIONS:

Non-Member \$50_____ Member \$25_____

12:00-3:30

Light snacks and beverages served throughout.

SHOPPING/SILENT AUCTION OPENS/SOCIAL HOUR: 3:30-5:30

Hors d'oeuvres Provided/Cash Bar

ANNUAL MEMBERSHIP MEETING:

5:30-6:00

SPEAKER PANEL DISCUSSION:

6:00-7:00

DINNER:

Non-Member \$60_____ Member \$40_____

7:30-8:00

Balsamic Glazed Chicken_____ Pan Seared Salmon_____ (Vegetarian) Roasted Mushroom and Ricotta Ravioli_____

Please alert us if dietary restrictions are necessary

AWARDS

8:00-9:00

SILENT AUCTION CLOSES

8:30

GRAND TOTAL:

\$_____

SUNDAY MORNING YOGA WITH COMPLIMENTARY CONTINENTAL BREAKFAST FOLLOWING

PLEASE INDICATE IF YOU WILL BE JOINING US FOR YOGA (no charge) _____

MAKE CHECKS OUT TO: WDEA

OR PAYPAL: WISCONSIN DRESSAGE AND EVENTING ASSOCIATION

MAIL TO: WDEA ANNUAL MEETING/JESSICA KACZMAREK

N1924 ROCHELLE COURT GREENVILLE, WI 54942

CONTACT: jessica.a.kaczmarek@gmail.com (920) 619-3419 OR trappnl@hotmail.com (920) 960-6930

(WITH ANY QUESTIONS OR CONCERNS)