

ANNUAL MEETING AND AWARDS BANQUET  
A FOCUS ON RIDER WELLNESS  
SATURDAY AND SUNDAY MARCH 14-15, 2026

# THE OSTHOFF RESORT

101 Osthoff Avenue  
Elkhart Lake, WI 53020  
**(800) 876-3399**  
[osthoff.com](http://osthoff.com)

JOIN US FOR A DAY FOCUSED ON RIDER HEALTH AND WELLNESS FOLLOWED BY OUR ANNUAL MEMBER MEETING, DINNER AND AWARDS BANQUET. FOR THOSE STAYING UNTIL SUNDAY, JOIN US FOR A MORNING YOGA SESSION TO START THE DAY OFF RIGHT!

## SPEAKERS:

**Lindsay Fencl, RD, CD - Aurora Baycare Medical Center, Green Bay, WI**

- A Registered Dietician with expertise in Women's Health, Sports Nutrition and Community Wellness
- Passionate about helping individuals of all ages and fitness levels achieve their health goals.
- Focuses on optimizing performance, supporting hormone and gut health, managing and preventing chronic conditions, navigating menopause, and promoting overall well-being.

## Cathy Penrod, - Equicoach

- A certified COR.E Performance Dynamics Specialist (CPDS) and *Energy Leadership™ Index Master Practitioner* (ELI-MP).
- Over four decades of riding, more than 29 years of leadership experience and a proven track record in fostering results, she helps equestrians excel in their chosen discipline.

Suzanne Galdun, Certified Rider Biomechanics Instructor - Positively Dressage

- One of only 13 rider biomechanics coaches in the US
- Accredited by Mary Wanless in her Ride With Your Mind method.
- Educated in related fields such as hoof care, human and equine anatomy and physiology.

**ROOMS AVAILABLE AT SPECIAL RATES FOB WREA MEMBERS:**

2 QUEENS: \$169.00 2 BEDROOM SUITE: \$209.00 CALL: 1 (800) 876-3399



# WISCONSIN Dressage & Eventing ASSOCIATION

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**REGISTRATION FORM/SCHEDULE**

**WELLNESS PRESENTATIONS:**

*Non-Member \$50*  *Member \$25*   
**12:00-3:30**

*Light snacks and beverages served throughout.*

**SHOPPING/SILENT AUCTION OPENS/SOCIAL HOUR:** *3:30-5:30*

*Hors d'oeuvres Provided/Cash Bar*

**ANNUAL MEMBERSHIP MEETING:** *5:30-6:00*

**SPEAKER PANEL DISCUSSION:** *6:00-7:00*

**DINNER:** *Non-Member \$60*  *Member \$40*   
**7:30-8:00**

*Balsamic Glazed Chicken*  *Pan Seared Salmon*  *(Vegetarian) Roasted Mushroom and Ricotta Ravioli*   
*Please alert us if dietary restrictions are necessary*

**AWARDS** *8:00-9:00*

**SILENT AUCTION CLOSES** *8:30*

**GRAND TOTAL:** *\$*

**SUNDAY MORNING YOGA WITH COMPLIMENTARY CONTINENTAL BREAKFAST FOLLOWING**  
**PLEASE INDICATE IF YOU WILL BE JOINING US FOR YOGA (no charge)**

**MAKE CHECKS OUT TO: WDEA** **OR PAYPAL: WISCONSIN DRESSAGE AND EVENTING ASSOCIATION**

**MAIL TO:** WDEA ANNUAL MEETING/JESSICA KACZMAREK  
 N1924 ROCHELLE COURT GREENVILLE, WI 54942

**CONTACT:** [jessica.a.kaczmarek@gmail.com](mailto:jessica.a.kaczmarek@gmail.com) (920) 619-3419 OR [trappnl@hotmail.com](mailto:trappnl@hotmail.com) (920) 960-6930  
 (WITH ANY QUESTIONS OR CONCERNS)